

Rules & Regulations

All races shall run in accordance to the ASIA SUP TOUR Rules and Regulations. Please check the race rules and regulation from ASIA SUP TOUR website: <https://asiasuptour.org/ast2019/>.

Asia SUP Tour 2019 Race Rule

1. Start

1.1 Beach Start

- Two flags will be set at both ends of the start line.
- Racers line up behind the start line with feet grounded behind the line, in an order according to the lucky draw number at registration.
- Ready position: Carry the board and paddle, with the feet grounded behind the start line.

1.2 Water Start

- Two flags will be set at both ends of the start line.
- Racers must make an effort to stay behind the start line before the start of the race, with the nose of the board stay behind the start line.
- Racers can put the paddle blade in the water to stay in the position, but the racers must not make any forward racing strokes once called to the line and before the start.
- In the venue of high winds or choppy seas or as required by the Chief Judge to control the start procedure, racers may be asked to sit on their boards with feet in the water and the nose of the board behind the start line.

1.3 Command on the Start:

- Racers to the line, 30 seconds, 10, 9, 8.... (countdown from 10 seconds to 1), followed by Long Horn.

1.4 False Starts

- Racers over the start line once the Starter calls, 'racers to the line', will be given a false start.
- Racers must only react to the starting signal and must not try to anticipate the sound.
- A False Start on the final start horn for a Race will result in long horn blasts by the Starter to bring all racers back to the line and the race will restart again.
- For the second time false start, the false started racer will be issued a false start and subsequently disqualified without being notice.

2. Finish

- Two flags will be set at both ends of the finish line.
- There will be a camera at the finish line recording the finish.

2.1 Beach Finish

- Racers must cross the designated finish line, holding a paddle.
- The "front of the chest" is the designated point for crossing the finish line when determining relative placing in a beach finish.
- Crossing the finish line with diving position (throwing the body head first) will result in 30second penalty.
- Board may be left at the waterline by racers who then run to the finish line.

2.2 Water Finish

- Racers must cross the designated finish line holding a paddle and with stand up position on the board.
- The nose of the board is the designated point for crossing the finish line when determining relative placing in a water finish.

3. Drafting

- Drafting is defined as being in the wake of a craft or fellow paddler for more than 30seconds and within 1m distance
- Drafting is allowed between different gender, group and category.
- Drafting from other craft (not SUP) is not allowed.

4. 5-paddle rule

- Each racer must complete the course in a standing position on their board.
- If a racer falls due to conditions, the racer can take 5 strokes on the knees before standing up.
- This rule is in effect so a paddler does not achieve an advantage by not standing up.
- Racers will be assessed 3-minute penalty per infraction.

5. Racing in Wave Condition

- When riding the wave, racers should intend to be standing up at all time except for the situations involving safety. (5-paddle rule is applied in the wave condition)
- For the lost of paddle or board, team coach can assist the racer to get back the equipment on the beach area within the contest site.

6. Buoy Turn

- If The racer turns at the wrong side of the buoy or turns in the wrong direction of the buoys or incorrect sequence, the racer will be disqualified.
- Racers can return to the course and correct any course mistake regarding buoy turn before crossing the finish line.
- After crossing the finish line, no racer can return to the course to correct any mistake.
- A racer will not be disqualified for touching a turn or guide buoy, unless, in the opinion of the Judge Official, an advantage has been made. This may include moving the buoy with hands or a paddle.
- If the buoy unexpectedly being moved in which might influence the racers' results, the race may restart again.

7. Sportsmanship:

Any racer who violate the sportsmanship spirit will result in disqualification for the race result.

Unsportsmanlike conduct includes but not limited to:

- Doping
- Purposely blocking other racers from forward, progress, turning, drafting, starting, finishing by using any parts of paddle or board or body
- Intentionally destroy other racers' equipment

8. Weather arrangement:

- AST has the right to make the final decision on schedule, race course; stop the race if encountering bad weather.
- During the race, if part of the racers have arrived protected water area or close to the finish line area, Chief Judge has the right to assign a point, in which racers who pass that designated point consider to be finishing the race.
- Bad weather may include windy, typhoon, adverse sea condition, low visibility, lightning, storm, thunder, etc.,

9. Liability & Safety:

- All the racers must sign liability and declaration form before the race. If the racer is under 18, the guardian or parent must sign it for them.
- AST officials have the ultimate and final authority to remove a racer from the race if the racer is judged to be physically incapable of continuing the race without the risk of injury.
- Racer can wave the paddle or hands in the air if in need of help, injured or in danger.
- Racer should wave hands or paddle (emergency case) to declare the intention to withdraw from the race. The safety boat will then take the racer to the finish area.
- The race will be suspended or canceled if any accident or injury occurred as participants safety is considered as the first priority.
- Race organizer will purchase insurance to the participants.
- Follow the instructions of each regions specific safety requirement.

10. Protest:

- A protest must be made to Chief Judge face to face no later than 30 minutes after the racer has finished a race or received a notice of disqualification.
- A protest may be made against a racer or against disqualification by an AST official.
- Regarding the protest in the race, the protest fee is 30USD.
- All protests must have a 3rd party witness or official photo/video evidence for the protest to be upheld or denied.
- Regarding the appeal after the release of official result, an appeal must be made to Chief Judge no later than 15 minutes after an official result has been released. The appealing fee is 30USD.
- AST Chief Judge has the final decision for the protest and appeal.

11. Seeding Order:

- As it is the first race for Asia SUP Tour, there is no seeding order for the participants.
- The starting order and first heat number for the race will be determined by lucky draw at the registration. The individual racer will conduct the lucky draw under the supervision of AST officials.
- AST has the final decisions.

12. Cancellation for the Category

- Any category has less than 4 paddlers, AST reserve the right to cancel the category or combine the cancelled category to the other group without any further notice.
- AST has the right for final decision.

2019年 ASIA SUP TOUR TAIWAN 競賽規則

1. 出發

1.1 沙灘出發

- 起步線兩端將各設置一個標誌。
- 參賽選手按賽前抽籤順序在起跑線後就位，腳不能超過起步線。
- 預備姿勢：拿起板和槳，腳不能超過起步線。

1.2 水中出發

- 起步線兩端將各設置一個標誌。
- 參賽選手必須在比賽開始前保持在起步線的後面，並且板頭不能超過起步線。
- 參賽選手可以把槳葉放在水中以保持原位，但參賽選手在起步前不得有任何向前划槳的動作。
- 在大風或波濤洶湧的海面上根據主裁判的要求將更改出發方式，參賽選手需坐在板子上，雙腳在水中，保證板頭不超過起步線。

1.3 起點裁判口令：

- 選手到起點準備，30秒準備 1,10,9,8（從10秒倒計時到1秒），然後是出發汽笛。

1.4 偷步犯規

- 當起點裁判發出“預備”口令時，超過起點線的參賽選手為一次違規偷步。
- 參賽選手只能在聽到出發汽笛後開始比賽，不能試圖預判出發汽笛。
- 當有參賽選手出現偷步，起點裁判將有長聲的汽笛喇叭終止比賽，所有的參賽選手回到起跑線，比賽將重新開始。
- 當一場比賽發生兩次違規偷步時，第二次違規偷步的參賽選手將被取消比賽資格。

2. 衝線

- 終點線兩端將各設置一個標誌。
- 攝像機將在終點記錄所有參賽選手衝線。

2.1 沙灘衝線

- 參賽選手必須持槳衝過終點線，板可以留在岸上。
- “前胸”是確定是否到達終點的指定點。
- 以跳躍俯衝姿勢（魚躍式）衝過終點線將罰秒30秒。

2.2 水上衝線

- 參賽選手必須手持槳衝過指定的終點線，並保證站姿衝線。
- “板頭”是確定是否到達終點線的指定點。

3. 跟尾流

- 跟尾流定義為在1米距離內跟隨機動船或槳板後超過30秒。

- 不允許跟槳板之外的船尾流。
- 不同性別之間及組別之間允許跟尾流。

4.5 槳規則

- 每個參賽選手必須以站姿完成比賽。
- 如果一個參賽選手摔倒，他可以在站起來之前使用跪姿最多劃5槳。
- 這條規則整場比賽持續有效，所以參賽選手不能因為不採用站姿而獲得優勢。
- 參賽選手每違規一次將被處以1分鐘的加時。

5.在有風浪的環境下比賽

- 在有風浪的環境下比賽時，除涉及安全的情況外，參賽選手應一直保持站姿划槳（風浪環境下同樣採用5槳規則）。
- 對於槳或板的丟失，帶隊教練可以協助參賽選手在比賽場地內的海灘區域取回設備。

6.浮標轉彎

- 如果參賽選手在浮標的錯誤一側轉彎或在浮標的錯誤方向轉彎或順序不正確，將取消比賽成績。
- 參賽選手可以在衝過終點線前返回賽道並糾正任何有關浮標轉彎的錯誤。
- 在衝過終點線後，任何參賽選手都不能返回賽道糾正錯誤。
- 參賽選手不會因觸碰或移動浮標而被取消比賽資格，除非主裁判判定此行為對此參賽選手有利這可能包括用手或槳移動浮標。

7.體育精神：

任何違反體育精神的運動員將被取消比賽資格。

非體育行為包括但不限於：

- 使用興奮劑
- 有目的地用槳，板或身體的任何部分阻止其他選手前進，轉彎，跟隨，出發，衝線。
- 故意破壞其他選手的裝備

8.天氣因素：

- AST有權在賽程安排等方面做出最終決定，如遇有惡劣天氣有權終止比賽。
- 在比賽中，如果部分選手已經到達保護水域或接近終點線區域，則主裁判有權指定一個點，其中通過該點的選手將被視為完成比賽。
- 惡劣天氣可能包括大風，颱風，惡劣海況，低能見度，閃電，暴風雨，雷電等。

9.責任與安全：

- 所有參賽選手必須在比賽前簽署責任聲明書如果參賽選手未滿18歲，必須由監護人或家長為他們簽字。
- AST工作人員如果認為參賽選手繼續比賽會有身體損傷的風險，則有權利終止其比賽。
- 如果需要幫助，受傷或發生危險，參賽選手可以在空中揮動槳或手。
- 參賽選手的安全被視為第一要務，如發生意外或受傷，比賽將暫停或取消。
- 比賽組織者將為參賽者購買保險。

10.抗議及處理：

- 比賽結束或接到取消比賽資格通知後30分鐘內，必須向主裁判當面提出抗議。
- 對於比賽中的抗議，抗議費為30美元。
- 抗議可以對某位比賽選手或者比賽官方作出的取消資格判罰。
- 當作出對某位比賽選手或比賽官方的抗議時，所有存在疑惑的當時方都可以查看抗議內容且必須有第三方見證或者官方照片\攝像存證來進行支持抗議或者對其進行駁回處理。
- 對於正式結果公佈後的上訴，必須在正式結果公佈後15分鐘內向主裁判提出上訴上訴費為30美元。
- 主裁判對抗議和上訴有最終決定權。

11.排位順序/分組

- 由於這是亞洲直立板聯賽的第一場比賽，因此參賽選手沒有排位順序。
- 比賽的開始順序和小組編排將在檢錄處抽籤決定，抽籤將由參賽選手在AST工作人員的監督下進行。
- AST有最終決定權。

12.取消組別

- 任何組別少於4個選手，AST保留取消該組別的權利或將取消的類別與其他組合併，恕不另行通知。
- AST有權做出最終決定。